

Contents

1	Changing the rules	2
2	Concussion Recognition Tool	4
2.1	If you are printing a copy of these rules, print out the latest version of the tool .	4
2.2	More information	4

1 Changing the rules

1. These rules have precedence as set out in section I.A of the Corpora of the Society for Creative Anachronism, Inc. At all times mundane law has precedence over any and all rules of the SCA.
2. As per The Book of Laws of the Kingdom of Lochac which can be found at the following URL: <https://seneschal.lochac.sca.org/laws-of-lochac-2/>, temporary restrictions on activities normally allowed by these rules may be made by proclamation of the Crown, and will expire after 30 days unless renewed by proclamation, or permanently incorporated into the rules.
3. Permanent changes to Lochac standards and conventions may only be made using the following procedure, and only come into effect after all of the following steps are complete:
 - (a) The change must be approved by:
 - the Kingdom Earl Marshal; then
 - the Crown; then
 - the Kingdom Seneschal; then
 - the Board of SCA Australia Ltd, and
 - the Committee of SCANZ Inc
 - (b) the change must be proclaimed by the Crown at an official event; and
 - (c) notification of the changes will be distributed to all group marshals; and
 - (d) the Handbook (these rules) will be updated to include the approved changes.
4. Notification of the changes will then be published in Pegasus.
5. The only exception to the procedure outlined above is in the case of mundane law changes contradicting these rules. Mundane law always has precedence over internal SCA rules and changes to mundane law become effective immediately, and these rules will be updated as soon as possible.
6. The procedure for requesting changes to these rules is as follows:
 - (a) Discuss proposed changes with your group marshal for this discipline.
 - (b) Discuss proposed changes with the Deputy Earl Marshal for this discipline and the Earl Marshal.
 - (c) On the Earl Marshal's approval, necessary experimentation, testing and documentation, including experimental and test results and risk-assessment of the impact of the change, will be undertaken and reported to the Deputy Earl Marshal for this discipline and the Earl Marshal.

- (d) If the Earl Marshal agrees to proposed changes, they will approve the change or seek approval for the changes as necessary.
- 7. Typographical corrections and minor changes clarifying wording of a rule, that do not change the substance or intent of a rule, may be made by the Earl Marshal or the Deputy Earl Marshal for this discipline without going through the processes set out above.

2 Concussion Recognition Tool

A concussion is an injury to the brain that results in temporary loss of normal brain function. It is the most common form of mild traumatic brain injury, often sustained from a blow to the head after a fall or an accident or during contact sports such as armoured combat or fencing.

You don't have to be knocked out or even be hit on the head directly to be concussed, and symptoms may take time to appear. Even a mild concussion can have long-lasting effects, so we want to keep all of our participants safe.

Marshals must stop the fighting if they suspect a person has a concussion, and pull a combatant from the field, but because most concussions are self-reported, they often go undiagnosed.

Combatants will often try to hide signs of a concussion so they can keep fighting, so having advocates on the sidelines to reduce the stigma of saying you're hurt or experiencing symptoms like dizziness or lightheadedness can make a big difference in getting people to report and get treatment for a concussion.

Concussion in Sport has released a Concussion Recognition Tool to help identify concussion in yourself and others.

Understanding this tool, and knowing how to recognise signs and symptoms of concussion are now required for authorising as a participant or marshal.

2.1 If you are printing a copy of these rules, print out the latest version of the tool

We cannot include the PDF directly due to copyright reasons, so if you are printing a copy of the rules, please follow the link below and print a copy to include in this handbook.

A copy of the tool is hosted on Sports Medicine Australia's website - Concussion Recognition Tool

2.2 More information

New Zealand's Accident Compensation Commission website also has a number of resources.
<https://www.acc.co.nz/preventing-injury/sport-recreation/concussion-in-sport/>